

Acronyms and abbreviations

BMI	Body mass index
COSI	WHO European Childhood Obesity Surveillance Initiative
DALYs	Disability adjusted life years
EU	European Union
EU27	The 27 European Union Member States
GPAQ	Global Physical Activity Questionnaire
HEPA	Health-enhancing physical activity, any form of physical activity that benefits health and functional capacity without undue harm or risk
LPA	Light-intensity physical activity, between 1.5 and less than 3 METs. This includes slow walking, bathing, or other incidental activities that do not result in a substantial increase in heart rate or breathing rate.
MET	Metabolic equivalent of task, a measure to reflect the intensity of physical activities, and allows comparison between them. One MET is the energy equivalent expended per unit of time by an individual while seated at rest. More intense activities, which cost more energy expenditure than being seated at rest, are attributed higher METs.
MET-minutes	A tool for tracking physical activity, calculated by the intensity of activity (in MET) multiplied by the duration of activity (in minutes)
MPA	Moderate-intensity physical activity, between 3 and less than 6 METs. This includes activities such as gardening, dancing or brisk walking.
NCDs	Non-communicable diseases
PA/BMI link	The OECD SPHeP-NCDs model includes a link between physical activity (PA) and BMI, to capture the effects of physical activity on weight
PAF	Population attributable fraction
PAP	Physical activity on prescription
PE	Physical education
PPP	Purchasing power parities are the rates of currency conversion that try to equalise the purchasing power of different currencies, by eliminating the differences in price levels between countries.
SPHeP-NCDs	Strategic Public Health Planning for Non-Communicable Diseases model
VPA	Vigorous-intensity physical activity, 6 or more METs. This includes activities such as fast swimming or running



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