## **Foreword**

 $\mathbf{M}$  ore than ever, effective and well-targeted data and indicators of health and health care are essential to help policy makers assessing the quality of care and strengthen efforts to improve the performance of health systems across the Asia-Pacific region.

Health at a Glance: Asia-Pacific 2016 presents the latest comparable data and trends on key aspects of health outcomes and health systems in selected Asia-Pacific countries. The indicators provide an overview of health status, determinants of health, health care resources and utilisation, health expenditure and financing, and quality of care in the region. As countries strive to achieve universal health coverage, these indicators help measure their progress.

Comparing health system performance across countries is important to identify and share good practices, foster innovation, and inspire policy makers to consider new approaches and strategies to advance the 2030 agenda for sustainable development.

We hope that the data reported in this publication will help policy makers make further progress towards universal health coverage, improving and promoting the health status and well-being of population across the Asia-Pacific region.

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